

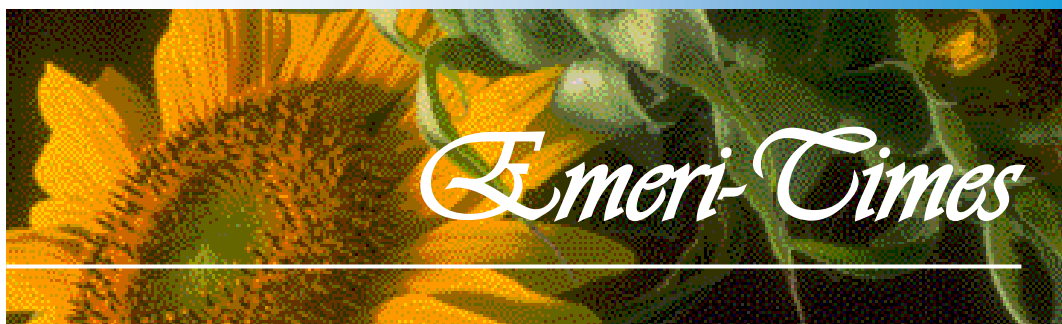
June 2011

Number 8

President: Mike
Macdonald

Editor: Evette Hackman

Members: Seattle
Pacific University
Emeriti Faculty



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President's Corner

In this president's corner I want to give you a profile of our new Emeri-Times editor Evette Hackman, who served on the faculty from 1991-2004 in Family and Consumer Sciences-Food and Nutritional Sciences. She still serves her professional community as nutrition consultant and peer reviewer for several journals. Evette and her husband Bob arrived in Seattle in 1971 for Bob's medical residency and Evette's work in Pediatrics at the University of Washington. They are still in Seattle after 40 years. Bob subsequently worked at Fred Hutchinson Cancer Research Center until he retired in June 2009. After their second child, Evette began work on a PhD in Epidemiology in the School of Public Health at UW. After degree completion in 1980, she began a private consulting practice in nutrition, seeing patients, consulting with restaurants and

bakeries, serving as Nutrition and Food Editor for *SHAPE* magazine, and writing a nutrition column for *Northwest Runner Magazine* and *The Everett Herald* in addition to weekly "nutrition news" stints on local radio and TV. In 1991 she started at SPU to develop the dietetics program which was accepted by the American Dietetic Association (ADA) in 1992. Evette then directed the program until her retirement in 2004. It became fully accredited by the ADA and Dr. Gaile Moe is the current director.

What does Evette like to do in retirement? Her favorite things are being able to wake up without an alarm, having fewer rules to follow and being spontaneous. That could mean playing with any of their four grandchildren, going to interesting lectures, participating in church activities, studying a language, reading, working out



especially outside, traveling, cooking, gardening or doing nothing at all. Since retirement they have been to Lebanon, Syria, Jordan, Tunisia, Brazil, Costa Rica, Europe, Canada, Mexico and all over the United States.

Evette says that taking on the Emeri-Times newsletter is a good way to keep in touch with retired faculty and campus life.

Blessings for a happy summer!
Mike Macdonald,
Emeriti Faculty President

The Emeri-Times newsletter is distributed by the Office of Academic Affairs.

Please let me know (mmacдона@spu.edu or 425 881 3486) if you have recommendations.

Purpose for Emeri-Times

"to edify, encourage, connect emeriti faculty; to profile emeriti achievements (past and present); to provide news and information about members and SPU; to encourage emeriti to continue to be involved in world change."

Dr. David McKenna presented at Spring Tea 2011 Notes from Marilyn Severson, Emerita Professor



“You gathered the sticks of your gifts, kindled them with passion for students, and that fire is still burning.”

Dr. David McKenna, SPU president 1968 to 1982, focused his presentation on “Teaching Moments and Grati- fying Notes” in the context of our legacy years: Who am I? What have I achieved? Does my life have meaning? The talk provided moments of great insight, interesting anec- dotes, and good humor.

“Teachable Moments” are those times when colleagues/ mentors/families give us bits of truth that shape our lives. These moments might appear incidental when they happen, but with time we realize their

significance. In good pedagog- ical fashion, Dr. McKenna asked us to share examples of such moments with others at our table.

“Gratifying Notes” occur often as a surprise when, as we age, we’re told something that we’ve said or done that we may not even remember but was meaningful to the person who heard it. These notes help us answer the legacy question “Was my life meaningful?” Again, it was our turn to share with each other.

Concluding his talk, Dr. McKenna referred to the words one of his mentors brought to a consultation at Spring Arbor College. Tom Jones, then president of Earl- ham College, told the story of the words etched on a fireplace in memory of the Quaker founders of Earlham: “They gathered sticks, kindled a fire, and left it burning.” Dr. McKenna told us that these words summarize what our rank as SPU Emeriti means.

Spring Tea 2011 Announcements and Notes Notes from Marilyn Severson, Emerita Professor

Dr. Les Steele introduced members of the Dean’s Cabinet, who attended.

The annual emeriti faculty tea, hosted by Vice President for Academic Affairs Les Steele on Tuesday, March 22, was en- joyed by more than 30 emeriti faculty members and spouses. The usual wonderful refresh- ments were available in quality and quantity; most of those attending tried one of every- thing

Vice President Steele intro- duced the members of the

Dean’s Cabinet who attended: Bryce Nelson, University Li- brarian; Lucille Kelly, Dean of Health Sciences; Margaret Did- dams, Director of the Center for Faculty Scholarship and Professional Development; Bruce Congdon, Dean of the College of Arts and Sciences; Rick Eigenbrood, Dean of the School of Education; Jeff Jor- dan, Associate Vice President of Academic Affairs and Dean

of Students; Jeff Van Duzer, Dean of Business and Eco- nomics.

Mike Macdonald, president of the Emeriti Faculty, introduced former President David McKenna and his wife Janet. Dr. McKenna was SPU presi- dent from 1968 to 1982, over- seeing the transition from col- lege to university. See his com- ments above.



Spring Tea 2011

Warm Beach luncheon for emeriti faculty

The Emeriti Faculty living in Warm Beach Senior Community is hosting a special summer luncheon of SPU Emeriti Wednesday, August 10, at 12:30. Please join us for a lunch hosted by the Warm Beach Senior Community. The luncheon gathering will take place in the Beachwood Conference Room.

Following the luncheon, we will be entertained by our own Paul Lepse as he performs/

lectures on the topic “The Quintessential Bottom Line Revised in Light of the Great Recession in Which we are Now Mired.” Also, a tour of the Warm Beach campus will be available for those who are interested.

RSVP no later than August 1 to Bill Rosenberger

360-722-7111

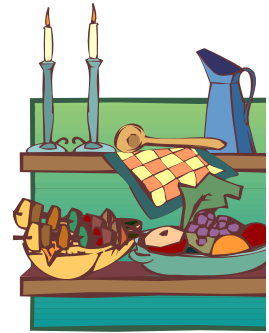
wrose@wavecable.com

Car pool if possible. For peo-

ple in the north area (north of Everett), contact Bill Rosenberger; for Seattle area contact Fan Gates (206) 284 6170 fgates@spu.edu; for the Eastside contact Mike Macdonald (425) 881 3486 mmac-dona@spu.edu

Questions? Contact Bill Rosenberger

See below for directions to Warm Beach and a list of emeriti living at there.



Directions to Warm Beach and other details

From South: I-5 north to Exit 206, Lakewood/Arlington exit. Turn west (State Highway 531). After 2 miles you will come to a stop sign. Merge (right) onto the Lake Goodwin Road. At Lake Goodwin, Highway 531 will turn south. Do NOT turn. Continue on Lake Goodwin Road to the west for approximately 4 miles. The next stop sign will be Marine Drive. Turn right (North) on Marine Drive for 1 1/2 miles and you will see a yellow caution (blinking) light. This is the entrance (to the left) into the Senior Com-

munity. As you enter the community, continue straight ahead to the Beachwood wing. (Parking at Beachwood is limited). You may want to park to the left as you enter and then walk. Signs will direct you to the Soundview Office where there is ample parking. We will try to have someone in front of the Soundview Office giving further directions to Beachwood.

From North. Drive to Stanwood, take Marine Drive south to the Warm Beach Senior Community (4.5 to 5

miles). Continue south to the third entrance into the Community and then follow above instructions.

Emeriti who live at Warm Beach:

- Gus Breitenbach
- Janet Buck
- Danna Davis
- Esther Helsel
- Don and Ivy Kerlee
- Curtis and Carol Martin
- Bill and Dorothy Rosenberger
- Della and Arlo Tiede
- Ray and Marilyn Wells

A tour of the Warm Beach campus is available for those interested after lunch.



How to fail a test with dignity, according to Dr. Wayne Johnson, SPU music professor:

Test Question: Explain why phosphorus trichloride (PCl₃) is bipolar.

Student Answer: God made it that way.

Emeriti Faculty Updates for June 2011

Gustave Breitenbach, German: I have been spending the winters in southern California at Sky Valley Parks enjoying the sunshine. The rest of the time I enjoy at Warm Beach Senior Center. There is a variety of programs and activities going on all the time, even bus trips to a variety of places. I live at Warm Beach in one of the mobile homes that I purchased. I thank the Lord for His blessings.

Jesse Chiang (Rebecca), Political Science: There are three events in my past few years I wish to state here—the writing of my memoir, the lessons of my illness in 2009 and the celebration of my 90th birthday on March 26, 2011, hosted by my dearest friends. 1) Totally unplanned and in response to my cousin's letter from England, a memoir was produced entitled "The transformation of a Letter Into a Memoir of Amazing Grace and a Life Story of Gratitude." The memoir focuses on my born-again encounter of divine love and its impact on the rest of my life. I thought everyone in retirement would be greatly benefited by writing his or her memoir—taking an inventory of one's life through self-examination. 2) In 2009 I had minor surgery followed by major complications. Never in my life have I endured such unbearable pain and suffering. At the moment of excruciating pain, I vowed a major target of my life was to relieve human pain and suffering, and I have since made regular donations to Doctors Without Borders. 3) The third event was a very happy and very thankful one—my 90th birthday celebration hosted by my dearest friends with roses, champagne, balloons and exquisite goodies. They knew me so well that they had Amazing Grace as the theme of the party and they sang the song! Praise God, praise Father for living to 90 and for dearest precious wife (Rebecca) and friends. Mercy, mercy, amen and amen!

David Dickerson (Betty Ann), VPAA, English: For David and Betty Ann Dickerson, 2011 appears to be the "the year of the cataract" (not, unfortunately, Cadillac). David has had two successful cataract surgeries while Betty Ann had a double surgery April 13 on her right eye—one for a cataract, the other for a corneal endothelial transplant. David was "grounded" (e.g., no trips to China) in 2010 because of the First FM pastoral search, but scheduled an accelerated, semester-long Shakespeare course during May of 2011 at Shandong University, Jinan, China. David writes, "We have agreed to be in Esher, England, when a favorite cousin remarries on July 9, and, since we will already be halfway there, will return (for the 8th time) to the mission village and orphanage NE of Nairobi, which has become part of our regular itinerary. We will be home on or about Labor Day."

Ruby Englund (David), Nursing: I recently donated two items to the Archives at Seattle Pacific. When I retired four years ago, I donated many old documents and materials to the archives but kept a photo album containing pictures of many nursing faculty and students as well as a photo of the original student union building where the student health center was housed at the time. After labeling the photos, I brought it to the library. The other item I donated is a cookbook compiled by SPC women faculty in 1974 that was a fundraiser for student scholarships. When delivering it to Adrienne Meier, SPU University Archivist, Adrienne found two recipes from her grandmother Sylvia Foreman. Seeing other names brought back many memories of former faculty and other members of the SPU community.

Kenneth Foreman (Denise), Physical Education: My wife, Denise, and I just returned from a trip to South Africa. There were many highlights beginning with the 17-hour flight (in business class on a Delta 777—Denise is a purser for Delta) from Atlanta to Johannesburg. Another highlight was standing outside the 2m X3m cell where Mandela spent nearly 20 years on Robben Island...and then later walking through the Mandela "apartheid house" in Soweto. For excitement we drove the cape road to Cape Point and the Cape of Good Hope...along the way a baboon climbed in our car, stole our lunch and ran...as we did when the critter climbed in. Later we were eating at the Two Oceans restaurant at Cape Point when a big male baboon swung over the electric fence, grabbed a plate of food leaving four Russian tourists in a panic. A headline in the Cape News the following day read, "Either the Tourists or the Baboons Must Go."

Mary Fry (DeLoss), Nursing: I am enjoying a slow and yet filled retirement. I am on the Board of Northeast Seattle Together (NEST), a new non-profit organization to help people remain in their own homes as they age, which is launching in late fall. I am a King County Master Gardener, volunteering many hours along with maintaining my own rose and perennial garden. I have joined a women's investment group and am learning the stock market—sort of! I continue to make lots of quilts with my Tin Lizzie long-arm quilter. DeLoss and I continue to camp and hike in the summers and this spring to Yosemite National Park.

Evette Hackman (Robert), Family and Consumer Sciences, Nutrition: My newest activity is editing the Emeri-times newsletter. Please send me tips and helpful hints.

Daniel Harris (Phyllis), Business and Economics; Social and Behavioral Sciences: This last winter Phyl and I spent several months around Arizona. There are some special hikes if you are a hiker, especially Sabino Canyon near Tucson, Arizona. This is an historic site going back hundreds of years. Its beauty is majestic considering the high desert. We continue to be on the board of Open House Ministries, a homeless shelter here in Vancouver, WA. God has blessed this ministry and eased us through the recession. If you wish some good reading I offer "How God Changes Your Brain," A Newberg, M.D. and MR Waldman, Ballantine Books 2010. This book offers breakthrough findings in neuroscience. Best wishes to all!

Chester A. Hausken (Irene), Education: Irene and I have made a few "Bucket List" trips: We went for a week to Bryce Canyon, Grand Canyon, Sedona and on to the Mexican Border, Palm Springs and San Francisco. Then we went on to Corvallis, OR, to see our son Zach, who has worked for some time with the Pauling Institute. In May it is Paris followed by Minnesota for my 60th reunion at St. Olaf College. In the fall we will travel across Siberia on the Orient Express! Blessings.

Doris Heritage (Ralph), Physical Education: I continue to volunteer coach track at SPU and Shorewood Christian where I am helping our past athletes coach grades 5-12☺. Ralph and I volunteer with Sister Schools: SPU alumni athletes have a project that sends school supplies and other items from Seattle children to African children. Ralph and I recently visited past track athletes in Norway and Denmark. I did some speaking to athletic groups in Huntsville, Alabama. Now we will re-plant our garden and see if it might grow.

Emily Hitchens, Nursing: I am planning to attend the AAUW convention in Washington DC this June. I hope to see Cathy Washington while I am there as well. I continue to conduct site visits/accreditation with Commission on Collegiate Nursing Education (CCNE) as well as do some nursing education consultation. I am a board member of NW Parish Nurse Ministries and I also do parish care at my church. My main activity is providing care to Naomi, my 3-year-old granddaughter! We have pre-school coop, little gym, library time, etc. together.

Karl Krienke (Reita), Physics and Mathematics: My research paper, *A morphological study of UV-bright stars and emission nebulae in a selection of star formation regions in M31*, written with Paul W. Hodge, O Karl Krienke, and Luciana Bianchi, was refereed and accepted very quickly and is published in the June 2011 issue of "Publications of the Astronomical Society of the Pacific." Paul Hodge, formerly editor of the "Astronomical Journal" was my dissertation advisor. I have continued research with him using the Hubble Space Telescope and the Four Meter Telescope of Kitt Peak National Observatory. Luciana Bianchi was the principal investigator for these HST runs and supplied the identification and photometry for the extremely hot stars that power the emission nebulae.

Teaching: For nearly fourteen years I taught the CANA Sunday School class at First Free Methodist Church. Most of them are now with the Lord, and I greatly appreciate their having given me that opportunity. I am now doing a brief series on Christianity and science for the BEREAN class (forties and fifties). Over the life spans of the CANA members, now recently with the Lord, the growth of human knowledge has gone at an explosive pace. I am now greatly enjoying pursuing how human knowledge in general and science in particular interface with Christianity over this time. It is amazing how well and closely they relate, and how our understanding of Christianity has progressed over this time. It is comforting, also. So now you have too many words of my activities.

Robert Larson (Anna Marie), Sociology: On July 8, 2011, 8:00 p.m., I will sing with a mass chorus (150+ men) in concert at McIntyre Hall in Mt. Vernon. The concert, which is open to the public, is a part of the annual Sangerfest of the Pacific Coast Norwegian Singers Association. I have been active with the Everett Norwegian Male Chorus and the PCNSA since 1996 having served as the Association Secretary and Editor of the Association Newsletter. With the In-Home care of Anna Marie all set, it was time for a break and once again become *der Wanderer*. In the distant past it has usually been in the Western USA or Europe. This April, it was Florida, including Sarasota, Naples, Ft. Lauderdale, Ormand-by-the-Sea, and St. Augustine. I was the guest of close friends from Minnesota who were wintering at St. Augustine Beach. Highlights included the Sarasota Orchestra in performance, lobster bisque & a lobster roll at Ormand-by-the-Sea, and worship at the Presbyterian Memorial Church in St. Augustine. If all is well, I hope to do another train-hostel-opera trip to San Francisco, either this summer for Wagner's Ring, or in the fall for Turandot/Xerxes/Carmen. I have often done such a trip for his November birthday. Following her hospitalization a year ago, Anna Marie received In-Home Hospice care for several months and now receives full-time care at home from family as well as from two paid caregivers, one for 40+ hours a week and another for 20+ hours a week. She is very pleasant, comfortable, and a Joy to all !!!

Wes Lingren (Merrilyn), Chemistry: We spent a week in La Quinta, CA with grandchildren, and their parents, in March.

Mike Macdonald (Karen), European Studies: Mike and Karen Macdonald became grandparents for the 6th time in March; Mike taught his usual spring class at SPU on CS Lewis and Values, and Karen and Mike have reserved two late spring/early summer trips to Leavenworth, planning to live in their tent trailer overlooking Icicle Creek.

Tim Malm (Joanne), Art: A wee bit of info from me starts with the beginning of two exercise courses I am taking from the special sector of the Seattle Parks and Recreation Department. The classes are for people with special abilities. If my wrist holds up I am taking my golfing class from April to June. One that actually is more exercise is the walking club which also began in April. Since my physiatrist had basically condemned me to lifelong residence in a wheelchair, I feel pretty good about these courses.

Myers, Ray (Ruth), Science Education: From 1990 until retirement in 2005, Ray and Ruth Myers co-directed the Washington Junior Science and Humanities Symposium (WJSHS), sponsored annually by SPU and funded by the Army, Air Force and Navy research departments. Again in 2011 they agreed to co-direct the program and on March 17-18 over 140 high school students and their teachers returned to SPU to participate in the Symposium. Through a pre-selection process, 16 of the students presented orally and 75 in poster format. Scholarships were awarded to the top three oral and top poster presenters. Students and teachers had the opportunity to tour the science labs at SPU and observe ongoing research by SPU students and faculty. April 27-30, Ray and Ruth also attended the National JSHS in San Diego as chaperones for Washington top winners. First place Washington winner, Kira Powell (from Odessa), received first place at this national competition also. Her research was titled, "The Use of Sodium Polyacrylate to increase Crop Production in Dry-Land Farming." Ray continues to teach geology and astronomy as an adjunct professor for SPU and Greenville College. Ruth is involved as executor of her aunt's estate and is a volunteer in Greenville FM church office.

Lorelie Olson (Timothy), Education: Lorelie and husband Tim celebrated their golden wedding anniversary on April 15, 2011. A party at the home of son Karl (SPU 91) was held on Saturday April 16 with several emeriti and their husbands attending: Harriett Kovacevich, Patricia Hammill, Susan Franklin, Annette Robinson and Elletta Kennison. A vacation in Maui completed the celebration.

Bill Rowley (Carol), Education: I have been named to the SPU's new Council of Regents. This is a broad-based group of individuals who periodically meet to provide insight and input to President Eaton. The Council recently met April 7-8 on campus. It was great to reconnect with so many friends and former colleagues. Carol and I will be celebrating our 50th wedding anniversary this June. To celebrate, we are taking a Scandinavian cruise (includes St. Petersburg) with some long-time friends from our undergraduate days.

Paul L Schwada, Education: According to Paul's daughter-in-law, Linda Schwada, Paul, age 98, is stable for the past six months and continues to live in a memory care facility in Eugene, Oregon. She writes that other than suffering from macular degenerative eye disease, hearing loss and dementia, he is in good health. He continues to walk daily either outside with assistance or around in his home with a walker. (She asks that we remove him from the Emeriti mailing list due to the above difficulties.)

Marilyn Severson, European Studies/French: I continue my volunteer tutoring at Literacy Source. Church Activities keep me busy especially coordinating the Senior Gathering, a lunch for seniors held every Friday at Queen Anne Presbyterian Church. Everyone is invited 😊 My trip this spring included visits with my sister and nieces in Syracuse and Canandaigua, NY. Attending my great-nephew's graduation from the University of Pittsburg on May 1 was a highlight.

Lilyan Snow (Don), Nursing: We have begun the year by moving from our house with a view of Lake Washington to a retirement residence with a view of Elliott Bay, Skyline at First Hill. We have also become great-grandparents. Ezra Cecil was born December 30, 2010, to our granddaughter Becky and her husband Alex in California. We visited him recently and of course we can report that, like all great grandchildren, he is absolutely perfect. Please note our new address: Donald B. and Lilyan Snow, 725 Ninth Avenue Apt 1702, Seattle, WA 98104. Phone: 206-232-2659, same as previous phone number.

Bob Weathers (Judy), Physical Education 1978-2010: I spent the majority of my first months of retirement (January 7 to April 7) in Belize teaching natural history and leading kayaking and snorkeling excursions for Island Expeditions and have used the last couple of weeks settling into our new home in Anacortes.

You know you are getting old when:

You give up all your bad habits and you still don't feel good.

You sink your teeth into a good steak and they stay there.

You finally get your head together and your body falls apart.

You wonder how you could be over the hill when you don't even remember being on top of it.



In memory of ...

Leon Arksey (Laura Lee), Emeritus, English: As a faculty member in the English Department from 1959 to 1992, Leon Arksey introduced students to the great works of English and American literature. His wife, Laura Arksey, worked as a bibliographic specialist for the humanities and religion in the SPU Library. Leon and Laura moved to Spokane, Washington, upon retirement. He had been suffering from mesothelioma since early fall. He remained active and able to enjoy life until just after Christmas. Leon died Friday, March 25, 2011, in Spokane. His memorial service was held on Sunday, May 8, at 7 p.m. at Hamblen Park Presbyterian Church in Spokane.

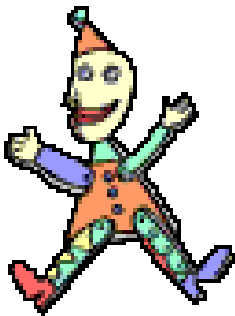
Carl Hadley Reed (Marcia, Emeritus), Emeritus Music: Carl Reed joined the faculty of Seattle Pacific in 1957. He taught medieval and Renaissance music literature, as well as music theory and harpsichord. He served as dean of the School of Fine and Performing Arts from 1977 to 1987. When Carl retired from SPU in 1992, he moved to Mukilteo, Washington, with his wife, Marcia Reed. Marcia, who had been a cataloger and bibliographic specialist for the fine arts in the SPU Library, died in 2009. Carl died Wednesday, April 13, 2011, in Mukilteo. His memorial service was held on Saturday, April 30, at 3 p.m. at Woodland Park Presbyterian Church in Seattle.

Edwin L. Lyle, Sr., former Dean of Education at SPU before changing to Superintendent of Public Instruction for the State of Washington, passed from this life on February 8, 2011.

Daughter of Chuck Burris (Patricia), Computer Science: **Cindy Burris**, daughter of Computer Sciences emeritus faculty Chuck Burris and wife Patricia, passed away unexpectedly (February 27, 2011) in her sleep at their home in Indio, California. Cindy had been dealing with multiple sclerosis and Crohn's disease for many years, but the family had thought she was in a good, stronger phase recently and so her passing was not anticipated. Chuck retired in 2006 and they moved to California to be near their older daughter, Krista, and her family. Both Cindy and Krista are SPU alums.



End Notes...



For this issue of Emeri-Times, my first as editor, I interviewed some colleagues about the importance of walking. This is what they had to say :)

I have to walk early in the morning before my brain figures out what I'm doing.

Walking can add minutes to your life. This enables you at 85 years old to spend an additional 5 months in a nursing home at \$7000 per month.

I joined a health club last year, spent about 400 bucks. Haven't lost a

pound. Apparently you have to go there.

The advantage of exercising every day is so when you die, they'll say, "Well, she looks good doesn't she."

I know I got a lot of exercise the last few years.....just getting over the hill.

We all get heavier as we get older, because there's a lot more information in our heads. That's my story and I'm sticking to it.

You could run these walking tips over to your friends, but just e-mail it to them instead.

Have a great summer emeriti faculty. Life is good.

Evette Hackman